

The UVA School of Nursing and Center for Appreciative Practice present

The Wisdom and Well Being Speaker Series

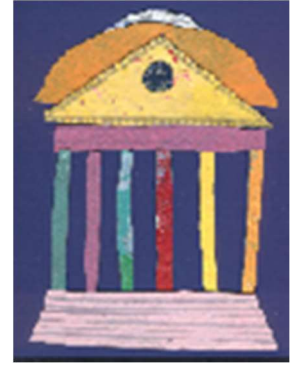
Breaking the Silence

**Christine Moutier, Chief Medical Officer,
American Foundation for Suicide Prevention**

Thursday, October 28, 2021

12:00-1:00pm

A live, interactive webinar.



While preventing physician suicide is the focus of this program, all who provide patient care can benefit from the discussion. Learning how to engage in conversations that break the code of silence around provider suicidality and burnout is important for everyone who works in clinical settings. Knowing how to intervene when a colleague is struggling is a vital step in creating healthy and supportive work environments and transforming our organizational culture.

Please click the link below to join the webinar:

<https://us02web.zoom.us/j/88213895605?pwd=VWhWRiFiYmNZQnBOb0xOZjB3d3JTZz09>

Passcode: 381040

Questions in advance can be sent to: WisdomAndWellbeing@hscmail.mcc.virginia.edu

Accredited continuing education provided by the University of Virginia School of Medicine and School of Nursing.

Desired Outcomes:

At the conclusion of this session, participants will be able to describe:

- Identify team members at risk for suicide
- evidence-based suicide-prevention strategies
- strategies for transforming the health care system's approach to mental health

Disclosure of Faculty Financial Affiliations

The University of Virginia School of Medicine and School of Nursing as a Joint Accreditation Provider adhere to the ACCME *Standards for Integrity and Independence in Accredited Continuing Education*, released in December 2020, as well as Commonwealth of Virginia statutes, University of Virginia policies and procedures, and associated federal and private regulations and guidelines. As the accredited provider for this CE/IPCE activity, we are responsible for ensuring that healthcare professionals have access to professional development activities that are based on best practices and scientific integrity that ultimately supports the care of patients and the public.

All individuals involved in the development and delivery of content for an accredited CE/IPCE activity are expected to disclose relevant financial relationships with ineligible companies occurring within the past 24 months (such as grants or research support, employee, consultant, stock holder, member of speakers bureau, etc.). The University of Virginia School of Medicine and School of Nursing employ appropriate mechanisms to resolve potential conflicts of interest and ensure the educational design reflects content validity, scientific rigor and balance for participants. Questions about specific strategies can be directed to the University of Virginia School of Medicine and School of Nursing of the University of Virginia, Charlottesville, Virginia.

The faculty, staff and planning committee engaged in the development of this CE/IPCE activity in the Joint Accreditation CE Office of the School of Medicine and School of Nursing have no financial affiliations to disclose.

Disclosure of discussion of non-FDA approved uses for pharmaceutical products and/or medical devices

As a Joint Accreditation provider, the University of Virginia School of Medicine and School of Nursing, requires that all faculty presenters identify and disclose any off-label or experimental uses for pharmaceutical and medical

device products. It is recommended that each clinician fully review all the available data on new products or procedures prior to clinical use.

Disclosures:

The following speakers and planning committee members have disclosed **no financial relationship** or interest with any proprietary entity producing healthcare goods or services: Julie Haizlip, MD, Course Director; Kevin Adams, MDiv, PhD; BCC, Marianne Capone, MSW, LCSW; Anna DeLong, LCSW, CEAP; Samantha Hobbs, RN, BSN, CEN; Dea Mahanes, RN, MSN, CCRN, CNRN, CCNS; Natalie May, PhD; Joy Miller, MSN, PNP, RN; Margaret Plews-Ogan, MD; Susanna Williams, PhD; Tim Short, MD; Richard J. Westphal, PhD, RN, FAAN; and Christine Moutier, MD.

Wisdom and Well-Being Speaker Series description: The recent explosion of research in improving well-being and life satisfaction can help us create a more meaningful life, more enjoyment from work, and communities that foster wisdom and wellbeing for all.

Series target audience: We invite all interested health system staff, faculty, students, and University and community members to share in the conversation.

Accreditation & Designation Statements



In support of improving patient care, the University of Virginia School of Medicine and School of Nursing is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

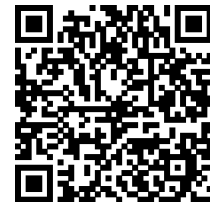
AMA PRA Category 1 Credits™: The University of Virginia School of Medicine and School of Nursing designates this live activity for a maximum of **1.0 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

ANCC Contact Hours: The University of Virginia School of Medicine and School of Nursing awards **1.0 contact hours** for nurses who participate in this educational activity and complete the post activity evaluation.

Hours of Participation: The University of Virginia School of Medicine and School of Nursing awards **1.0 hours of participation** (consistent with the designated number of *AMA PRA Category 1 Credits™* or ANCC contact hours) to a participant who successfully completes this educational activity. The University of Virginia School of Medicine and School of Nursing maintains a record of participation for six (6) years.

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2. Sign in and click "Continue". If you are a new user, follow instructions to log in and set up your password. **Please enable pop-ups for this site.**
3. Enter Activity Code **142126**, then click "Submit" and "Continue".
4. Complete your evaluation and click "Done".
5. The Certificate Preparation page should open. Enter the number of credits you wish to claim for attending this activity. Click "Submit".
6. Click "Print Certificate", or you can access your certificate later by visiting the website.



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